Port 1

My Creative Process

Am I creative? Psychologists say that we all are capable of being

creative. I am not convinced. I have never engaged myself

creatively. Is it possible for me to explore the workings of my

ereative right brain and become the creative child that will happily engage in fantasy?

I decided to find out. I planned to take black and white

photographs of wild animals and use this a medium to express some of the feelings I have about my life. I wanted these pictures to reveal the mystery and surprise that I feel when I suddenly came upon one of these creatures. I embarked on my creative process by learning the basics of photography: what kind of film to use, how to load the film, how to turn the camera on, how to adjust he flash, where to buy the film and most importantly how to hold the camera so my thumb isn't part of the finished product.

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I visited my friend's acreage to take pictures of some of the Insert Fotolia 56395 - Decy ready - waiting with my camera to animals that lived there. I did it - I snapped photographs of a deer Insect 11736239

backyard, and I come across coyotes, rabbits, deer and other wild animals when I do my morning runs I was snap my pictures - but I could find no animals Where had they all gone? - I looked and I wanted Eventually

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standing near a barn, a porcupine wandering through the yard, white ducks eating grain, a rabbit hidden under an old truck, a funny looking donkey and few horses. I immediately got them

developed. I was excited to begin writing about my creative

process.

When I received my pictures my beliefs were confirmed-1 wasn't

creative. I had taken pictures with the shutter closed; the pictures

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pictures back

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that weren't blank were terrible. I managed to get only half of the

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rabbit's ear, the sun got in the way of the donkey, and the picture

of the horses was blank. I couldn't find any signs of the ducks and Noted thanks & Torseit Camera & thinks

my thumb clearly showed up in the picture of the porcupine. This

Insut Dispecin caused me great despair - it was confirmed - psychologists are

wrong - we all don't have a creative side.

Port 3

But as I though about it I realized that the problem might not be a simple lack of creativity. It might have more to do with process. I was chasing the animals, taking away the magic of the moment. In the past, meeting a wild animal was a surprise full of wonder and mystery, arousing emotions in me.

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Picture of pen a paper 1026 withing page

I realized the stories I told were things that happened to me. My

stories were spontaneous – they weren't planned. The spontaneity and surprise of the moment was missing in the photographs.

The true story could be captured through the vivid images that I have of the times that I suddenly came upon a deer or coyote.

As my images unfolded, I could clearly see what I had witnessed in the past. I learned trust from the coyote when I happened upon the young pup, lean and desiccated from the long winter. He was perfecting a "mousing" technique – alert and ready. I stood watching with a friendly interest – he saw me- he paid little attention- he went on with his business –he trusted me – he accepted me for who I am.

I gazed out the window - feeling overwhelmed, doubting myself not knowing where to begin.

Suddenly, there he was – a beautiful little bunny-the grey streaks of fur that flashed as he advanced toward the window. I noticed that his soft downy fur coat revealed the innocence of his babyhood, his snub little nose and his brilliant black eyes that looked directly into mine. He seemed so vulnerable in the cruel word, so tiny and delicate, yet he had strength and confidence to take on the world.

Just as suddenly there was a buck in the open meadow. I stood quietly and stared as he gracefully and calmly walked toward me.

He was a large fellow of doeskin colour plush. I saw a wordless gentleness in his expression. The compassion in his eyes flooded me with a sense of peace. He offered to share his power and strength freely. His energy became our energy. In my sense of Deleted: T

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peacefulness I felt the energy inside of me. This restored harmony within myself.

I understand that disharmony such as stress, anxiety, or feeling that something is wrong, are common to the human condition. I discovered through my creative process that there are moments of harmony, love, enlightenment and pure awareness that I have experienced by watching the animals. My images allowed me to feel fully in the moment. I had the courage to reveal my images.

My images are my unique creations.

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With new inspiration I turned toward my computer – I could handle this task. (not sure what is happening here – are you photographing him? Not sure why you are turning to your computer)

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Butts of horses The End